

# FIRST 5 SACRAMENTO COMMISSION

2750 Gateway Oaks Dr., Suite 330  
Sacramento, CA 95833

## ADVISORY COMMITTEE

### ACTION SUMMARY

Friday, June 8, 2018 - 2:00 PM

---

**Members:** Robert Silva (Chair)  
Emily Bowen, Ernie Brown, Carolyn Curtis, Alyssa Hall, Jeff Rabinovitz,  
LeAnne Ruzzamenti, Tony Smith, Cid Van Koersel, Angelina Woodberry,  
Walter Wyniarczuk, Silvia Rodriguez

**Staff:** Kris Clinton, Health Program Coordinator  
Gail Syputa, Clerk of the Commission

**Absent:** Carolyn Curtis, Alyssa Hall, Julie Gallelo

---

1. Call to Order/Roll Call  
**Action:** Meeting was called to order at 2:04PM. A quorum was established.
2. Introductions  
**Action:** Introduction of Kristina Clinton filling in for Julie Gallelo today.  
Chair Silva introduced the newest member of the committee, Silvia Rodriguez.
3. Public Comment on Non-Agenda Matters  
**Action:** A discussion on the recent suicides by celebrities and resources are available but not always utilized.
4. Approve Draft Action Summary of April 13, 2018  
**Action:** Rabinovitz/Wyniarczuk. Approved as recommended except for two abstentions by E. Brown and S. Rodriguez.
5. First 5 Commission Director's Report
  - First 5 Committee Updates**Action:** Kristina Clinton updated the committee with some highlights being:
  - The Certified Sustainable kick-off meeting was met with enthusiasm by the funded partners where the review included services offered, the mandatory and optional components of the initiative and the timeline for participation.
  - Help Me Grow is up and running and now accepting calls, screening children and connecting families to needed services.
  - The Safe Sleep Baby Campaign was awarded the Grantland Johnson Government Innovation Award from the American Society for Public Administration, Sacramento Chapter.

With questions from attendees regarding the Help Me Grow program, Erin Maurie came in for a question and answer period.

6. Presentation: Maternal Mental Health

*Chantal Allen-Jarrell, Sacramento County Health Educator*

*Jessica Walker, Stop Stigma Speakers Bureau*

**Action:** Presenters discussed maternal mental health/postpartum depression. Question and answer period. Some points from the discussion:

- Two-thirds of people who have mental illness don't seek treatment.
- This project is funded by Prop.63.
- Everyday people live with mental illness.
- Mental illness is not what you think.

Pamphlets were available for anyone wishing more information.

7. Presentation: Oral Health Update (Early Smiles, Every Smile Counts, SmileKeepers Strategic Oral Health Plan)

*Kris Clinton, First 5 Oral Health Program Coordinator*

**Action:** Kris Clinton gave a PowerPoint presentation on oral health. Some highlights were:

- Early Smiles Program has a goal of reaching a total of 21,000 children by year three.
- The Sacramento County Oral Health Program, are in the process of conducting a County-wide oral health assessment. Results from the assessment will be shared with the Advisory Committee at a later date.
- The Every Smile Counts Program consists of three pilot projects – virtual dental home, community outreach/parent education and medical dental partnership. Staff will come back to this committee in a years' time to discuss findings.

Members requested that Kris Clinton forward the data from the countywide assessment that is anticipated on August 2, 2018 to committee members for review.

8. Announcements/Comments

**Action:** Silvia Rodriguez discussed the Drug and Alcohol Advisory - June 5<sup>th</sup> the medical expansion was approved.

Adjourn: 3:36PM

Respectfully submitted,



Gail Syputa, Clerk  
First 5 Sacramento Commission