

# FIRST 5 SACRAMENTO COMMISSION

2750 Gateway Oaks Dr., Suite 330  
Sacramento, CA 95833

## ADVISORY COMMITTEE

### ACTION SUMMARY

Friday, August 10, 2018 - 2:00 PM

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**Members:** Robert Silva (Chair)  
Emily Bowen, Ernie Brown, Carolyn Curtis, Alyssa Hall, Jeff Rabinovitz,  
Silvia Rodriguez, Tony Smith, Cid Van Koersel, Angelina Woodberry,  
Walter Wyniarczuk

**Staff:** Julie Gallelo, Executive Director  
Gail Syputa, Clerk of the Commission

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1. Call to Order/Roll Call  
**Action:** Meeting was called to order at 2:03PM. A quorum was established.
2. Welcome/Introductions  
**Action:** Introductions by all attendees. Carolyn Curtis then asked everyone to tell what First 5 accomplishment each person was proud of.
3. Public Comment on Non-Agenda Matters  
**Action:** No comments received.
4. Approve Draft Action Summary of June 8, 2018  
**Action:** Wyniarczuk/Rabinovitz. Approved as recommended.
5. First 5 Commission Director's Report  
Updates from all First 5 Committees  
**Action:** Julie Gallelo updated attendees, which included:
  - First 5 20<sup>th</sup> anniversary is coming! Plan is to have businesses, Sac. Business Journal and chambers give awards for family friendly businesses.
  - Kit for New Parents has been changed from a box to a reuseable tote bag. All internal items have also been updated.
  - Certifiable Sustainable technical assistance and training for contractors is in full swing. All funded partners are meeting with sustainability coaches on a regular basis.
  - First 5 is now on networking through LinkedIn.

There were two suggestions for future presentations:

- ❖ Post-partum depression and what is being accomplished through the newly formed Sacramento Maternal Mental Health Collaborative
- ❖ Home visitation programs available in Sacramento
- ❖ Opioid use during pregnancy

6. Presentation: Marijuana Use During Pregnancy  
*Melody Law, MD* – Assistant Health Officer, Sacramento County - Public Health Division  
**Action:** A presentation was provided on the usage of marijuana during pregnancy. Much discussion and a question and answer period followed. A self-test survey to help people identify if they have a marijuana use problem was sent out to members, as well as a copy of the PowerPoint deck.
7. Presentation: Certified Sustainable: An Initiative of First 5 Sacramento  
*LaTina Price, First 5 Program Planner*  
**Action:** LaTina Price updated the committee and attendees on the sustainability efforts.
8. Presentation: Review of Budget and 10-Year Financial Plan (FY18/19)  
*Eric Harrold, First 5 Chief of Administration*  
**Action:** Eric Harrold gave an update on the budget, which was approved on August 6, 2018.
9. Announcements/Comments  
**Action:** Silvia Rodriguez commented about her finishing her schooling.  
CONGRATS!

Adjourned: 3:33PM

Respectfully submitted,



Gail Syputa, Clerk  
First 5 Sacramento Commission